

Summary

The Sodexo Symmetry Health & Lifestyle Coordinators have made a tremendous effort since 2006 to continuously support a wide range of local and national charities. Their role as ‘fly in fly out’ Health & Lifestyle Coordinators is to deliver a world class well-being program that is second to none. This program is delivered to contractors who work away from home and provides them with: health and nutritional information; group fitness classes; sporting and fundraising events; gym instruction; extracurricular activities; personalised programs, and implements health promotion in general. Over the past six years, the Health & Lifestyle coordinators have achieved many great things, including the hosting of special charity events to raise money for worthy causes.

VALUE CREATION

The total amount of money raised across all sites since 2006 is approximately \$486,318 which has helped charities including but not limited to, the Royal Flying Doctor’s Service, Leukaemia Foundation, Beyond Blue, Prostate Cancer Foundation, SIDS, Variety, Perth Legacy, Cancer Council, Sodexo Servathon, Breast Cancer Foundation, Jesse Cate Family Fund, QLD Flood Appeal, NZ Earthquake Appeal, Red Cross, Black Saturday’s Bush Fire Appeal, Make a Wish Foundation and Guide Dogs Australia.

**TRANSFERRABLE & REPLICABLE:** Symmetry is currently operated on 19 sites across Australia. The funds were raised through a variety of activities and events such as quiz nights, karaoke, band nights, bingo and raffles. Donation tins, merchandise boxes and the support from Village Residents as well as from Sodexo’s partners FWW Foster wheeler Worley Parsons and Woodside all made it possible to achieve such great results.

**MEASURABLE:** Could be easily measured at each site. Examples: The Rio Tinto Expansion Project sites Western Turner Brockman and Hope Downs 4 Rail have already made an excellent start to the year with over \$100 000.00 between them. At Gap Ridge village, \$120,000 has been fundraised for local charities.

**RECOGNIZED:** The program created very successful fitness and health solutions for a wide variety of personal preferences and wants, social activity big and small, on and off site Rostered Day Off (RDO) activities, learning and hobby based activities, health promotion, incentivized health challenges and much more.

Better Tomorrow Plan  
COMPLIANT

WE DO

- Health and Wellness Solutions
- Local Communities development

WE ENGAGE

- Employees
- Clients
- Consumers
- Institutions

BOTTOM LINE

**\$486,318** fundraised for our local communities in Australia.



More information

Health & Lifestyle Team  
Fundraising

Better Tomorrow Champion

Scott TALBOT  
National Environment Manager



Expert

Maryjane SIMKOVIC  
General Manager Symmetry Health & Lifestyle Program

